

Crystaderm First Aid Kit checklist

- An oral syringe, or calibrated cup for administering liquid medicines
- Crystaderm 10g First Aid cream
- Digital thermometer
- Latex gloves
- Antiseptic wipes
- Hydrocortisone cream
- Saline solution
- Antihistamine to treat allergic reactions
- Pain-relief medication
- Adhesive tape
- Cotton pads and cotton swabs
- Gauze rolls, sterile
- Gauze pads, sterile
- Range of adhesive bandage strips
- Range of dressings and bandages
- Stingose gel or spray
- Splinter (fine-point) tweezers
- Sharp scissors
- Safety pins
- Cold Pack
- Heating pad
- Thermal blanket
- First Aid manual
- In case of emergency information cards