

A photograph showing a person in a green shirt applying a white bandage to the arm of another person wearing a pink floral shirt. In the background, there is a basket of fruit including lemons and bananas.

Tips for minor burns

Minor burns, although painful, can often be treated at home. Proper care can reduce the risk of infection and promote faster healing.

Treating minor burns

Soak the burnt area in cold water for at least fifteen minutes. A cold tap works well for this as the water will stay cool and clean. Don't use ice.

Apply a layer of Crystaderm cream to the burnt area, then loosely wrap with a dry gauze bandage to protect the burn from air and infection.

Seeking medical advice

Use Crystaderm to treat your burn until a visit to a medical professional can be arranged.

When it's time for your visit, cover the burnt area with a clean, dry cloth but don't put any Crystaderm on it. Your medical professional will need the burn to be clean in order to properly assess it.

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